

LISTEN

Lead. Lead the patients without using murky medical jargon

Inspire. Inspire your patients to create their own goals

See. See the unique characteristics of each patient

Trust. Enable your patients to feel safe and confident

Encourage. Provide positive words of hope and courage support

Nurture. Treat the mind as well as the body



Don't try to be god

Do recognize that you have a gift from God

Don't treat your patient as a number

Do acknowledge that every patient is unique

Don't assume that drugs are always the cure

Do promote healthy alternatives – diet, exercise, overall well-being

Don't treat the symptoms only

Do treat the root cause

Don't limit the parameters of the treatment

Do think outside the box – acupuncture, natural, meditative

Don't introduce negative patient labels

Do provide positive feedback and encouragement

Don't be too busy to return calls

Do set expectations on when and how you will get back to your patient

Don't ignore a patient's intuition

Do put your trust in the relationship

Don't put limits on the outcome of recovery

Do suggest that improvement is ALWAYS possible

Don't assume that you are the superior in the relationship

Do accept that you are an equal partner